

Elspeth packs her bags for trip to United States

Plash Creative owner Elspeth Barker will be jetting her way to the US this week after receiving a scholarship to study at the prestigious Rhode Island School of Design for six weeks.

Elspeth won the St Margaret's Foundation Scholarship for St Margaret's old girls.

Elspeth was a boarder at the Brisbane school for eight years but never thought she would be selected for the prize.

"Usually the winners are lawyers or doctors or something like that," she said.

"But I sold my view on the idea you can still have a creative job and live in a rural community."

Elspeth is excited about her trip to the east coast of the US.

She plans to explore Manhattan and has even enrolled in an art history course two nights a week at the Ivy League Brown University.

To get the scholarship Elspeth had to make a written presentation and go to an interview session with the board.

She also needed to separately apply for entry into the Rhode Island School of Design which is no mean



Elspeth Barker is off to the US on a six-week scholarship.

Picture: Brown Gully

feat in itself as it is considered among the top five design schools in the world.

The scholarship is usually

meant to cover an entire semester but Elspeth did not want to be away from her business for so long so the committee agreed to let her

do six weeks of summer school.

She will be studying web design and identity design (logo design) while at Rhode Island.

Keep healthy during winter

A health and well-being expo to be held at Roma in late June will offer residents tips on how to stay healthy during winter.

South West Health Service District Director of Community and Allied Health Jenny Flynn said the theme for the expo was "warm up to wellness this winter".

"We want everyone to have the best information possible that will help them keep themselves and their families healthy," Ms Flynn said.

The expo will be held from 9am-3pm on Saturday, June 25 at the Roma Cultural Centre in Bungil St.

"The expo will offer a range of displays, activities and information about a wide variety of health issues," Ms Flynn said.

"We would also like other health and lifestyle-related organisations, businesses, community groups and individuals involved with health and well-being to participate.

"There is no charge for anyone wishing to participate.

"We hope the expo will become an annual event on the community calendar."

If you would like to participate in the expo, contact Katie Wright on 4624 2719 or katie_wright1@health.qld.gov.au.